



NEO CONVENT SR. SEC. SCHOOL

G-17 AREA, PASCHIM VIHAR- 63



SPECTRUM

123rd Edition
Dec-Feb 2025-26

Cover Page Designed by: Sambhav Sisodia (IX-C)



SPECTRUM

*Of the Neomians!
By the Neomians!
For the Neomians!*

As the curtain gently falls on another enriching academic session, we stand at a meaningful crossroads of reflection and renewal. The year gone by has been a vibrant tapestry woven with hard work, perseverance, shared laughter, and valuable lessons. Every challenge faced became a stepping stone, and every achievement, big or small, added a sparkle to our collective journey.

Beyond textbooks and classrooms, our students discovered the joy of teamwork, the grace of discipline, and the strength of compassion. This session reminded us that education is not merely the pursuit of grades, but the cultivation of character, confidence, and courage. As we look ahead, the future unfolds like an open horizon—inviting, promising, and full of possibilities. Let us carry forward the wisdom we have gained and the aspirations we have nurtured. May the coming session inspire us to dream fearlessly, act responsibly, and strive relentlessly for excellence. With hope in our hearts and determination in our steps, let us welcome the new beginnings ahead. May the coming session inspire us to aim higher, work harder, and believe in the power of our dreams.

EDITORIAL TEAM

Mrs. Surbhi Hajela, Mrs. Kanchan Bhagat

Mrs. Ruchi, Mrs. Pooja,

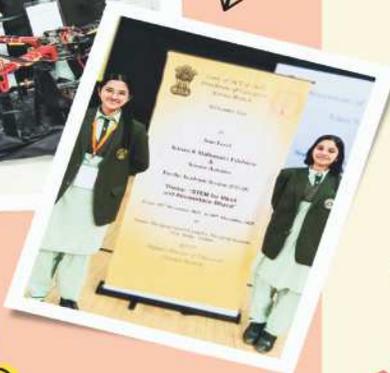
Mr. Mayank, Mr. Govind



“We impart Education, not Literacy”



Neo Convent Sr. Sec. School



VAHAN



Proud Moment!

DIVYA & GAGANPREET (XI A)
Winner of 3rd Prize at the State-Level Science & Mathematics Competition, Honoured by IAS Veditha Reddy

MENTOR: MRS. DIVYA MISHRA



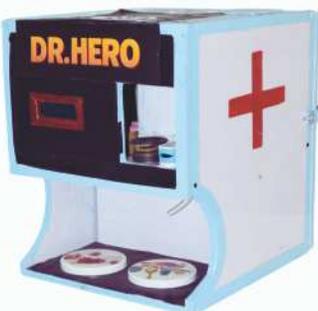
Neo Convent Sr. Sec. School



Congratulations to our Champions!

Science Zonal Exhibition (Category: Health & Hygiene)
Yash Aggarwal & Chhatrpreet Singh of XI A secured the 2nd Position.

MENTOR: MR. HARSH SHARMA



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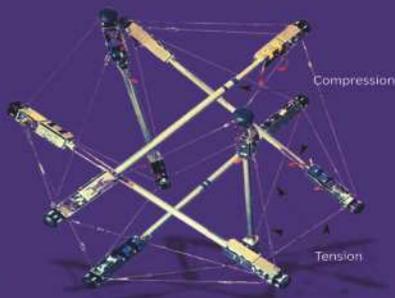
TENSEGRITY BOT



Congratulations to our Champions!

**AARAV & DEEPAK (XI A) — 2nd POSITION
CENTER LEVEL SCIENCE EXHIBITION —
MATHEMATICS**

MENTOR: MR. HEMANT KUMAR



**Neo Convent
Sr. Sec. School**

Congratulations Ananya!

Class VIII A

 **National 2nd Speed Runner-Up (ABACUS)**

 **Rank 1 in Accuracy (ABACUS)**

 **Super Champs Award (ABACUS)
5th Prize in Super Champs Visual (ABACUS)**

**Congratulations on your
outstanding achievements!**



RIZZ TO RAGE BAIT: **OXFORD'S TAKE ON A SHIFTING DIGITAL LANGUAGE**

Rage bait has been declared the 2025 Word of the Year by Oxford University Press, a choice that reveals much about how language, emotion, and digital media intersect in our times. According to OUP, rage bait refers to “online content deliberately designed to elicit anger or outrage by being frustrating, provocative, or offensive, typically posted in order to increase traffic or engagement.”

The 2025 shortlist also included aura farming and biohack, two terms that further illustrate the shifting dynamics of online and technological culture. Aura farming refers to the cultivation of an impressive, attractive, or charismatic persona or public image by presenting oneself in a way intended subtly to convey an air of confidence, coolness, or mystique. Meanwhile, biohack denotes the attempt to optimise physical or cognitive performance through targeted lifestyle adjustments, diet, technology, or other interventions. These diverse entries reflect how digital culture continues to reinvent our vocabulary.

This trend is not new. Before rage bait claimed the top spot, Oxford's recent Words of the Year already pointed toward a linguistic shift driven by online culture and younger generations. In 2023, the chosen word was rizz, a slang term for charisma or charm. In 2024, Oxford selected brain rot, a phrase used humorously or critically to describe the mental fatigue associated with over-consuming shallow digital content.

These new words show how our language evolves alongside our online lives. Digital culture influences not just what we say, but how we think and interact. Constant streams of information, trends, and online content shape our attention, reactions, and emotions. Words like aura farming, biohack, and rage bait reflect how people present themselves, respond to others, and navigate social media pressures.

Overall, these terms remind us that language is not just a tool for communication it is also a mirror of our habits, priorities, and experiences in the fast-paced digital world.

By Girisha- XI A



SPIC MACAY *Society for the Promotion of Indian Classical Music And Culture Amongst Youth*





माँ

मनुष्य का पहला खूबसूरत शब्द है 'माँ'
हमारा पहला प्यार है 'माँ'
हमारा पहला स्पर्श भी है 'माँ'
हमारा पहला आलिंगन भी है 'माँ'
जब हम पहली बार माँ की गोद में आते हैं,
आँखें खोलते ही अजनबी दुनिया में भी
सुरक्षा पाते हैं।

माँ की गोद से उतरकर जीवन भर,
माँ को ही तलाश करने में लग जाते हैं।
हमें सिखाती है 'माँ' पहली भाषा,
उसके मन में भी होती है
यह एक अभिलाषा।
उसका बच्चा भी उसका मान बढ़ाए,
उसका सिर भी गर्व से ऊँचा उठ जाए।

भगवान ने भी कैसी लीला रचाई है,
अपने रूप में हर घर में
एक 'माँ' बनाई है।
हमारा हाथ थामने,
हमारी फ़िक्र करने,
हमारे लिए दुआ माँगने वाली
बनाई है।

कभी तो 'माँ' को गले लगाकर देखो,
ज़िंदगी का हर ज़ख़्म भर जाएगा।
नहीं है 'माँ' तो उसकी यादों से
लिपटकर रो लीजिए,
जीवन का हर दिन
मातृ दिवस बन जाएगा।

शुभी बोलोनिया
पाँचवीं 'सी'

“किशोरावस्था: बदलाव की परीक्षा”

आरव एक अच्छा और समझदार बच्चा था। सब कहते थे 'बहुत संस्कारी है।' लेकिन जैसे-जैसे वह 13-14 साल का हुआ, उसके व्यवहार में बदलाव आने लगा। वह जल्दी गुस्सा करने लगा, बात-बात पर जवाब देने लगा, पढ़ाई में मन नहीं लगता और नए दोस्तों की बातें उसे ज़्यादा सही लगने लगीं। माता-पिता सोचने लगे 'हमारा बच्चा अचानक ऐसा क्यों हो गया?' एक दिन स्कूल में उसके विज्ञान के शिक्षक ने मौसम का उदाहरण दिया। उन्होंने कहा, 'जब मौसम बदलता है जैसे सर्दी से गर्मी तो आंधी, बारिश, तेज़ हवा आती है। क्या इसका मतलब यह है कि मौसम खराब हो गया? नहीं। यह सिर्फ बदलाव की प्रक्रिया है।' शिक्षक ने आरव से कहा, 'बेटा, तुम्हारे अंदर जो बदलाव आ रहे हैं, वे भी ऐसे ही हैं। तुम्हारा शरीर, दिमाग और भावनाएँ तीनों एक साथ बदल रहे हैं। इसी को किशोरावस्था कहते हैं।' आरव को पहली बार समझ आया कि ज़्यादा गुस्सा आना, खुद को बड़ा समझने लगना, दोस्तों का असर जल्दी लेना, माता-पिता की बात गलत लगना ये सब 'बिगड़ना' नहीं, बल्कि समझ की परीक्षा है। शिक्षक ने कहा, 'अगर इस उम्र में सही दिशा न मिले, तो बच्चा गलत रास्ते पर चला जाता है। और अगर कोई उसे समझ ले तो वही बच्चा मजबूत और समझदार इंसान बनता है।' उस दिन आरव ने तय किया कि जब भी गुस्सा आएगा, वह बोलेगा नहीं सोचेगा। जब दोस्त गलत सलाह देंगे, वह पूछेगा 'क्या यह मेरे भविष्य के लिए सही है?' धीरे-धीरे आरव बदल गया। वह परफेक्ट नहीं बना, लेकिन ज़िम्मेदार ज़रूर बन गया।

ओजस्वी माहेश्वरी
ग्यारहवीं - ए

🔥 संघर्ष 🔥

लोहा जितना तपता है,
उतना ही ताकत भरता है।
सोने को जितनी आग लगे,
उतना ही निखर निखरता है।
सूरज जैसा बनना है,

तो सूरज जैसा जलना होगा।
नदियों सा आदर पाना है,
तो पर्वत छोड़ निकलना होगा।
और हम आदमी की बेटी हैं,
क्यों सोचें राह सरल होगी?
हर संकट का हल होगा,
आज नहीं तो कल होगा।

संघर्ष

संघर्ष हमें डराता नहीं,
हिम्मत का पाठ पढ़ाता है।
हर ठोकर, हर असफलता,
जीने का ढंग सिखाता है।

अँधियारी रात जितनी गहरी,
सवेरा उतना पास होता है।
जो हार न माने मुश्किलों से,
वही इतिहास रचाता है।

चलते रहो, रुकना मत तुम,
चाहे राहों में काँटे हों।
संघर्ष की आग में तपकर ही,
सपने सच्चे बनते हों।

जिया शर्मा
नौवीं 'ए'

🌍 यह दुनिया रंग-बिरंगी है 🌍

भारत बोला मेरे रंग अनेक,
संस्कृति, भाषा, पर्व विशेष।
गंगा, हिमालय, ताज की शान,
मेरी आत्मा में है हिंदुस्तान।

चीन ने कहा मैं प्राचीन ज्ञान,
कागज़, चाय और ड्रैगन का मान।
महान दीवार है मेरी ढाल,
शांति में भी, शक्ति में भी कमाल।

जापान मुस्कुराया मैं नवाचार,
सकुरा के फूल, तकनीकी संसार।
भूकंप में भी थमता नहीं,
हर सुबह खुद को गढ़ता हूँ वहीं।

अमेरिका बोला मैं आज़ादी की बात,
सपनों की धरती, खुला आकाश।
हर रंग, हर जाति, सबका मेल,
मैं विविधता में खोजूँ खेल।

ब्राज़ील ने कहा मैं लय और नृत्य,
अमेज़न की गुँज, फुटबॉल का उत्सव।
उत्सवों में है मेरी शान,
संगीत में धड़कता हर इंसान।

रूस ने कहा मैं बर्फ़ का साज,
बैले, कला और संघर्ष की आवाज़।
टॉल्स्टॉय, चेखोव और गहराई की बात,
मैं शौर्य से करता हूँ सबका साथ।

फ़्रांस मुस्कुराया मैं कला, मैं प्रेम,
आइफ़िल की रोशनी, सुगंधों का नेम।
क्रांति से सीखा मैंने अधिकार,
शब्दों में रचता हूँ संसार।

हर देश ने सुनाई अपनी बात,
भाषा अलग, मगर दिलों में एक साथ।
यह दुनिया है एक रंगमंच बड़ा,
जहाँ पर हर देश निभाता है
किरदार अपना-अपना।

दिशा
आठवीं - 'बी'

1st Delhi State GADA Sports Championship 2025-26



24th OPEN TAEKWONDO CHAMPIONSHIP 2026

Organised by
GADA Sports Association Delhi

Total NEONIANS Participated- 17

13 won Gold Medals 🏆

4 won Silver Medals

Overall, our school won
FIRST TEAM TROPHY!



CONGRATULATIONS NEONIANS!

Page of Riddles

Can You Solve These Riddles?

I speak without a mouth and hear without ears. I have no body,
but I come alive with the wind. What am I?

The more you take, the more you leave behind.
What am I?

I have keys but open no locks. I have space but no room. You can enter
but never leave. What am I?

I am not alive, but I can grow. I do not have lungs, but I need.
What am I?





Celebrating the Journey of Class XII





The Last Bell..

CHILDREN'S DAY



CONVE.

NEO CONVENT

SAVE TREE
SAVE EARTH

Ea

RARE

From the heart of Young Neonions

WORKSHOP ON HEALTH AND HYGIENE

The workshop on Health and Hygiene was informative and interesting. We learned about physical, mental, and social health, food habits, and the digestive system. The resource person explained the topics clearly with the help of examples and a presentation. Students participated actively, and the session encouraged us to follow good health and hygiene habits.

Jaspreet Singh, V C

The workshop was very useful. We learned many new things through the interactive session and understood the importance of following healthy habits.

Sanskriti, V C

The workshop was interesting and helpful. I learnt many important life skills. I would like to attend such a workshop again.

Dakshita, VC

The workshop helped us understand the importance of healthy habits in daily life. The resource person explained the topic well with the help of a presentation. Students participated actively and answered questions confidently. The session was meaningful and informative.

Shubhi, V C

NO BAG DAY

No Bag Day was enjoyable and refreshing. We took part in fun and learning activities like races, quizzes, games, and talent activities. Sharing food and spending time with friends made the day special and stress-free.

Harleen, V C

No Bag Day was full of fun and excitement. The teachers organized activities such as games, dance, new learning methods, and a talent hunt. The day was enjoyable and helped us learn in a relaxed way.

Shubhi, V C

WORKSHOP ON BEHAVIOURAL ISSUES

The counsellor was friendly and understanding. The workshop helped us share our thoughts freely and learn about self-awareness and personal safety. Such workshops should be conducted more often.

Harnoor, VB

I liked the friendly way in which Ma'am explained everything. We learnt about good touch, bad touch and personal safety. The workshop was very useful and informative.

Kshitiza, VC

The workshop was very informative and enjoyable. We learnt about importance of discipline, good manners and being attentive in class. The session on bullying was very helpful. It was a wonderful experience.

Jaspreet, VC

Artificial Intelligence — A Boon or a Challenge for the Future?

Introduction

Artificial Intelligence, or AI, is no longer just a part of science fiction. Today, it is shaping the way we live, work, and interact. From smartphones to self-driving cars, AI is everywhere – but is it a blessing for the future or a challenge waiting to unfold?

The Boon: How AI Makes Life Smarter

AI has the power to transform ordinary tasks into extraordinary possibilities. It can:

- Help doctors detect diseases early, saving lives.
- Optimise traffic systems to prevent accidents.
- Analyse huge amounts of data in seconds, assisting scientists in discoveries.
- Make daily life easier through smart apps, recommendations, and automation.

“AI is not just a tool; it’s a partner in progress.”

The Challenge: Risks We Cannot Ignore

With great power comes responsibility. AI also brings challenges:

- Job displacement: Machines may replace tasks traditionally done by humans.
- Overreliance: Excessive dependence on AI can reduce human decision-making skills.
- Bias and errors: Mistakes in AI systems can have serious consequences, especially in healthcare or security.

The Future: A Balanced Approach

AI is neither entirely good nor bad. Its impact depends on human choices. By combining human intelligence with AI’s abilities, we can:

- Harness its potential for innovation and efficiency.
- Address risks responsibly.
- Ensure technology serves humanity rather than replacing it.

Conclusion

Artificial Intelligence is a powerful tool that can either be a boon or a challenge for the future. The key lies in using it wisely, responsibly, and creatively. With careful guidance, AI can help build a smarter, safer, and brighter world for everyone.

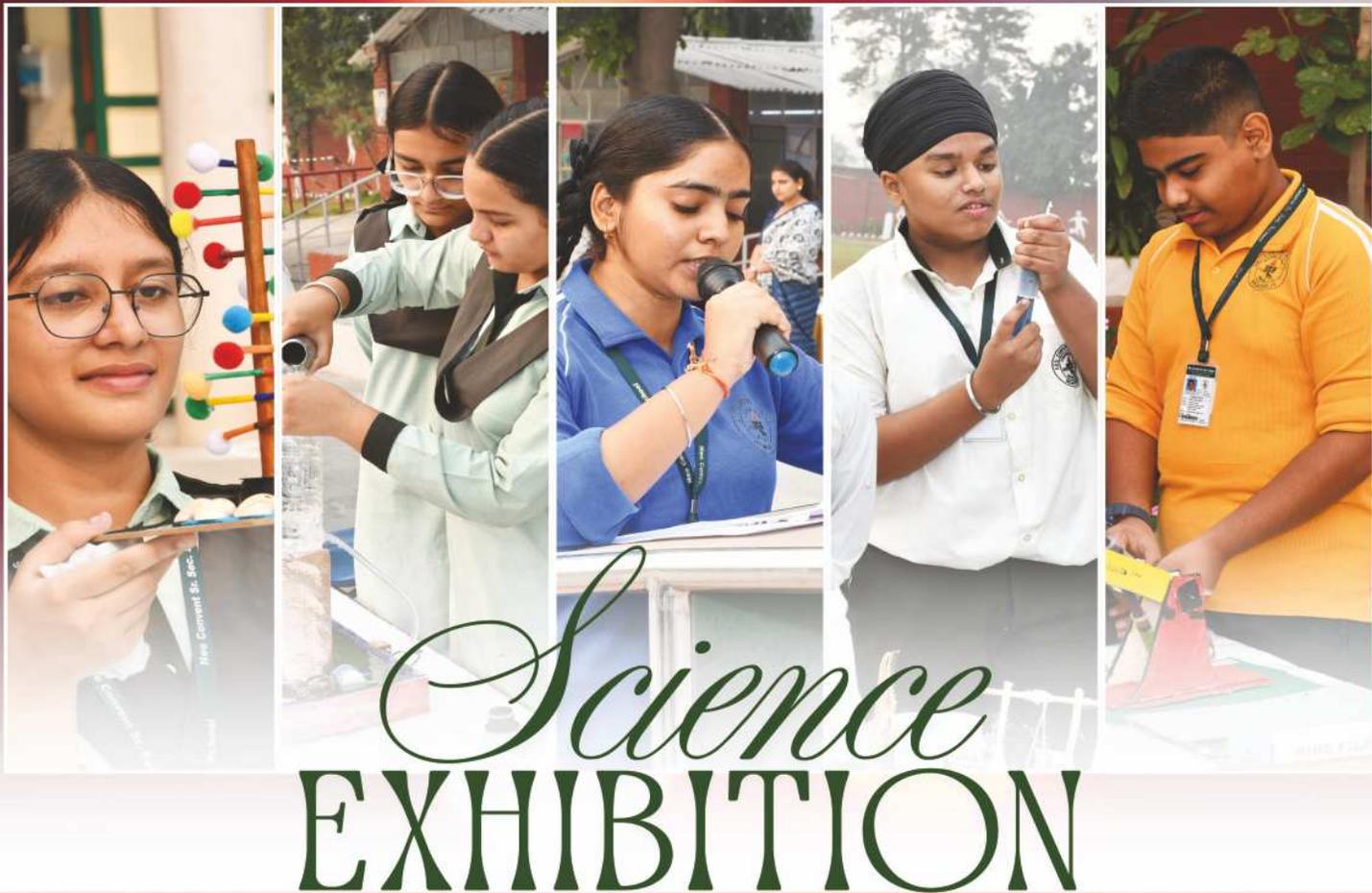
“The future belongs to those who use technology responsibly.”

-by Mayank Grover



गणतंत्र दिवस







Creativity



Spring



Saraswati



Wisdom



JOY OF BASANT PANCHAMI



Bloom



Harvest



Festive



★ HONOURING THE PILLARS OF OUR HOUSES ★

We appreciate the efforts of House Masters, House Captains, and Prefects in guiding the students to oversee all aspects of the school during their tenure. They ensured the smooth running of schedules and coordination of all activities.



Mrs. Ruchi



Mr. Harsh



Mr. Parikshit



Mrs. Divya

With Gratitude & Respect

ACE YOUR EXAMS WITH CONFIDENCE

HOW TO PREPARE?

- Follow a daily timetable
- Focus on NCERT concepts
- Practice writing answers
- Clear doubts with teachers
- Stay disciplined

HOW TO REVISE?

- Make short notes
- Revise formulas daily
- Solve sample papers
- Improve weak areas
- Revise regularly

HOW TO STAY CALM?

- Trust your preparation
- Sleep well & eat healthy
- Avoid panic & comparison
- Stay positive
- Say: I CAN DO IT



MESSAGE FROM YOUR TEACHERS & SCHOOL

You are prepared. You are confident. You will succeed.
Stay calm and give your best in the Examinations.



Stay Calm. Stay Focused. Give Your Best.

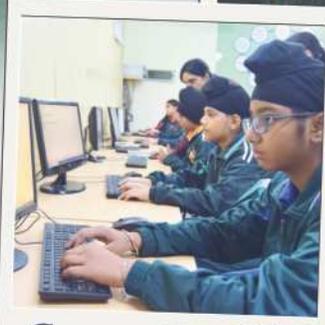




Spic and Span club



Commerce Club



Computer Club



Dramatics Club

NEO CLUBS 2025



Heritage club



Science Club



Inclusive Club



Environment Club



Readers' Hive

KIDS CLUB



Riddle Answers

- 1) Echo 2) Footsteps
- 3) Keyboard 4) Fire